

CURRICULUM VITAE

WILLIAM MICHAEL JOSEPH ENNESS

MSc. BSc(Hons). Dip Inj Therapy. Dip Adv Clin Prac Ortho
Med. Dip Ortho Med. MSOM. AACP. MCSP.

PERSONAL DETAILS

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Website: www.pro-physio.co.uk
Date of Birth: 3rd June 1960
Marital Status: Married to Helena
Children: Jacob William, born 11 July 2001; Molly Elizabeth, born 6 Dec 03
Nationality: British
Interests: Football, Golf, Physical Fitness, Quiz's, and Music

I am a highly qualified musculoskeletal physiotherapist; my skills and area of expertise involve the management of orthopaedic and musculoskeletal conditions including acute sporting injuries. I am particularly adept at managing staff.

Major Strengths:

- Sound knowledge base and excellent **clinical reasoning** skills
- Superior **organisation** and **time management** skills with the ability to set short and long term goals
- Good understanding of **marketing concepts** and comfortable in promoting services
- Well developed **communication** skills and the ability to **establish positive relationships** with patients, medical professionals and staff at all levels
- Demonstrated **leadership** skills, as well as the ability to contribute effectively to a **team environment** or work **independently** as required
- **Attention to detail**, particularly where it affects **patient care, quality service or safety**
- Quick to **adapt to change** and highly responsive to a new **challenge** or opportunities to continue **learning and developing**
- **Flexible** and **positive** approach

QUALIFICATIONS

POST-GRADUATE EDUCATION

2002 -2004 **MSc Orthopaedic Medicine (Distinction)** - Middlesex University
Awarded the James Cyrix Prize for the Most Outstanding Dissertation
Dissertation: 'International Knee Documentation Committee 2000 Knee Evaluation and Functional Performance Testing for Potential Army officers with Pre-existing Anterior Cruciate Ligament Repair or Deficiency.' – **Distinction**

Jun 2003 **Diploma in Injection Therapy**
• (Society of Orthopaedic Medicine - accredited by Middlesex University)

Mar 2003 **Diploma in Advanced Clinical Practice in Orthopaedic Medicine**
• (**Distinction** Society of Orthopaedic Medicine - accredited by Middlesex University)

Nov 2002 **Diploma in Orthopaedic Medicine**
• (Society of Orthopaedic Medicine - accredited by Middlesex University)

POST-GRADUATE COURSES

Oct 2007	DMS Annual Rehabilitation Conference – Mind Body & Soul • (DMRC Headley Court 1 Day)
Sep 2007	Acupuncture 40 hr Update Course • (DMRC Headley Court 40 hours) Tutor: Jennie Longbottom
Sep 2007	Podiatric Biomechanics & Foot Orthoses • (HMS Collingwood ½ day) Tutor: Paul Harradine MSc Pod
Sep 2007	The Foot as a 3 Point Pivot • (HMS Nelson 1 Day) Provider: TalarMade
Sep 2007	Introduction to Ultrasound Imaging • (DMRC Headley Court 1 Day) Provider: SKS
Mar 2007	Post Grad Cert Advancing Practice (Extended Scope) • (University of Birmingham – Modular, due completion 2008)
Nov 2006	DMS Rehabilitation Conference – Modern Concepts – Lower Limb Injury and Rehabilitation • (DMRC Headley Court 1 Day)
Oct 2006	Myofascial Pain and its Treatment with Acupuncture • (DMRC Headley Court 1 Day) Tutor: Dr Panos Barlas
Oct 2006	Annual Resuscitation training CPR • HMS NELSON
Mar 2006	Pilates Matrix/Core stability Concepts, Theory and Function • (Epsom 2 Days) Provider: Performance Stability
Mar 2006	Teaching Clinical Audit • (DMRC Headley Court 2 Days) Provider: Health Quality Quest
Nov 2005	DMS Annual Rehabilitation Conference • (DMRC Headley Court 1 Day).
Oct 2004	DMS Annual Rehabilitation Conference • (DMRC Headley Court 1 Day)
Jun 2004	ATRA Training Injuries Symposium • (RMAS 1 Day)
May 2004	Annual Resuscitation Training CPR • ATR(W)
Oct 2003	ATRA Medical Conference • (New Hall Hospital, Salisbury 1 Day))
Oct 2003	DMS Physiotherapy Conference – Modern Concepts – Lower Limb Injury and Rehabilitation • (DMRC Headley Court 1 Day)
Oct 2003	European Foundation for Quality Management (EFQM) • (ATRA Assessors Course 2 Days)
Sep 2003	Knee Study Day • (Windsor Orthopaedic Clinic Educational Programme 1 Day)
Jul 2003	FA/FRCS (Edinburgh) 15th Joint Conference on Sports Injuries • (FA Daventry 2 Days)
Jul 2003	Selection Interviewing Techniques (DMT) • (Defence Management Training External; 3 days)
Jun 2003	ATRA Training Injuries Symposium • (RMAS 1 Day)
Oct 2002	Study Day Sports Injuries and Hip Resurfacing • (Windsor Orthopaedic Clinic Educational Programme 1 Days)
Aug 2002	Respiratory Care Update • (RHH 3 days) Tutor: Alexandra Hough
May 2002	Intermediate Acupuncture • (DSMRC Headley Court 2 days) Tutor: George Chia
Mar 2002	ATRA Training Injuries Symposium • (RMAS 1 Day)
Nov 2001	Podiatric Biomechanics for Physiotherapists • (RHH 2 days) Tutors: Paul Harradine MSc Pod; Lawrence Bevan BSc (Hons) Pod
Apr 2001	Society of Orthopaedic Medicine Module C

- Feb 2001** • (Cardiff 5 Days incl. membership exam) Tutor: Monica Kesson
Society of Orthopaedic Medicine Module A
- Mar 2001** • (Wallasey 4 Days) Tutor: Margaret Rees
Annual Army Medical Services Conference
- Jan 2001** • (External; Tutors 2 Days. AKP, Pain, Mm imbalance, Pilates)
Aggression in the Workplace
- Nov 2000** • (Osnabruck ½ day) Tutor: Janet Else CPN
Society of Orthopaedic Medicine Module B
- Feb 2000** • (Nantwich 4 Days) Tutor: Margaret Rees
Managing Civilians (DMT)
- Feb 2000** • (Defence Management Training External; 2 Days)
Appraisal Writing (DMT)
- Mar 1999** • (Defence Management Training External; 2 Days)
Grade V Manipulations: SIJ, Lumbar, Thoracic and Cervical Spine.
- Dec 1998** • (Acton 3 Days) Tutor: Gordon Bosworth
FA In-Service Training Weekend – Musculoskeletal Evaluation & Measurement
- Dec 1998** • (Daventry 2 Days) Provider: FA
Dynamic Stability and Muscle Balance of the Cervical Spine and Upper Quadrant
- Oct 1998** • (Enfield 3 Days) Provider: Kinetic Control. Tutor: Sarah Mottram
FA In-Service Training Weekend
- Oct 1998** • (Daventry 2 Days) Provider: FA
FA/FRCS (Edinburgh) 10th Joint Conference on Sports Injuries
- May 1998** • (Daventry 2 Days) Provider: FA
Current Trends in Knee Rehabilitation
- Mar 1998** • (Bucks College 1 Day) Provider: CPSM
Management of Anterior Knee Pain
- Jan 1998** • (The London Bridge Hospital. 1 Evening)
Basic Acupuncture
- Sep 1997** • (London Homeopathic Hospital 4 days + case study) Tutor: Dr A Campbell
Update on ACL Surgery and Rehabilitation
- Sep 1997** • (Lilleshall Rehabilitation Centre 1 Day) Provider: FA
Brian Mulligan's 'NAGS & SNAGS'
- Jul 1997** • (Wexham Park Hospital 2 Days) Tutor: Linda Exelby
M^cConnell guide to the Problem Shoulder.
- (QA Hospital 2 Days) Tutor: Nick Spahr

LECTURE EXPERIENCE

- 'ESP's within Military Environment' to Annual MoD Rehabilitation Conference Oct 2007
- FA Accredited Tutor for FA Sports Injuries Diploma course for Remedial Instructors 2002-2004
- Lecturer on professional course 'Return to Work Physiotherapists' Topic: 'Pulsed electro-magnetic energy' 1997

UNDERGRADUATE EDUCATION

1993 -1996

Brunel University College, West London

BSc (Hons) Physiotherapy 2(i)

Research Project: 'An Investigation into Normal Responses to ULTT3 in a Group of Asymptomatic Individuals'.

Distinctions: Observed Clinical Examination - Vertebral
Observed Clinical Examination - Care of the Elderly
Structured Practical Examination – Exercise Therapy;
Mobilisation; Kinesiology; Electrotherapy

FURTHER QUALIFICATIONS

1990

Society of Sports Therapists (SOST).

Diploma in Sports Therapy

1990 **St John's Ambulance First Aid.**
 1989 **Graduated as Remedial Therapist - JSSRI**
 Distinction in Anatomy. Overall Credit & Top Student
 1985 **City and Guilds I & II**
 Sports & Recreational Management

SCHOOL EDUCATION

1976 - 1979 **Thurrock Technical College, Essex**
 3 'O' Levels; English Language, Geography, Mathematics
 1971 - 1976 **St Cedd's R C School for Boys, Ockendon, Essex**
 7 CSE Examinations

WORK EXPERIENCE

19 Aug 2008 - **Clinical Specialist (Band 8a) Hampshire PCT**

- Orthopaedic Choice – Triage for orthopaedic Surgery – peripatetic clinics
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26 Jun 2006 – Aug 2008 **OFFICER COMMANDING RRU PORTSMOUTH/ REGIONAL REHABILITATION OFFICER**

- Gate keeper for Triage for Fast Track Surgery
- Professional lead for all Physiotherapist in AOR
- Advisor on Rehabilitation matters to Regional Clinical Director
- Plan/implement rehabilitation for all military personnel in AOR
- Develop ESP's & Clinical Specialists within RRU
- Liaise with Commander on rehabilitation and injury prevention

5 Oct 2004 - Jun 2006 **OFFICER COMMANDING PHYSIOTHERAPY DEPARTMENT DMRC HEADLEY COURT**

- Responsible for the management of a busy Rehabilitation Physiotherapy Department delivering care to complex polytrauma and amputees. 17 Physiotherapists, and Administrative support staff

31 July 2004 **PROMOTED TO MAJOR**

18 Feb 2002 – Sep 2004 **OFFICER IN CHARGE MRS ATR WINCHESTER Musculoskeletal Outpatients/Rehabilitation**

- Responsible for the implementation and management of physiotherapy and rehabilitative services for Phase 1 Army recruits training
- Management of Senior I civilian MOD physiotherapist
- Management of x 2 WO2 Remedial Instructors
- OiC MRS: Responsible for 1x WO2, 1x Sgt 4x Cpl, 1x L/Cpl Cmbt Med Tech's, 3x civilian clerical staff
- Responsible for PAR for all staff under my command

19 June 2000 – Feb 02 **OC PHYSIOTHERAPY DEPARTMENT MRS OSNABRUCK BFPO 36 Musculoskeletal Outpatients**

- In charge of two other Senior I physiotherapists
- Responsible for the implementation of physiotherapy services for Osnabruck Region with a catchment of 8,000 personnel
- Management of equipment/stores procurement
- Management of soft tissue trauma, sporting injuries, flying, postural and repetitive injuries
- Educating members of Primary Health Care Team in management of soft tissue trauma
- Steering Committee for HQ & S Audit for whole of PHC - all clinical disciplines

- 9 Feb 2000 – June 2000** **JOINED THE ARMY AS A COMMISSIONED OFFICER**
Royal Military Academy Sandhurst (PQO Training)
HQ RAMC Keogh Barracks Aldershot, Hants
- 18 Jan 1999 – Feb 2000** **REGIONAL MEDICAL CENTRE, RAF ODIHAM**
Senior I Musculoskeletal Outpatients
- Sole physiotherapist in charge of assessment and management of over 2000 service Aircrew and ground personnel by GP referral
 - Sole management of appointment system, prioritising and waiting list
 - Management of equipment/stores procurement
 - Management of soft tissue trauma, sporting injuries, flying, postural and repetitive injuries
 - Lecturing to Aircrew on neck maintenance
- 2 May 1998 – 17 Jan 1999** **ENFIELD COMMUNITY CARE TRUST, CHASE FARM HOSPITAL**
Senior II Musculoskeletal Outpatients
- Assessment and management of mostly GP referral patients, usually of a chronic nature
 - Management of a Primary Health Centre Physiotherapy service working directly with GP's
- 8 July 1996 – 1 May 1998** **CHELSEA & WESTMINSTER NHS TRUST PHYSIOTHERAPIST**
Rotational Physiotherapist
Also working as an OCS Analyst-Therapies, on a part-time basis on the £8.4 million HISS IT Implementation Project undertaken by the Hospital. Duties include:
- Anglicisation and adaptation of software, tailoring & building screens
 - Building labels, defining workflow practices for OT, PT SALT & Dietetic dept
 - Responsible for implementing order communications module. Linking with other ordering dept
 - Undertaken utility training on Tandem, utilising Enform, & Entrude programming/diagnostic computer language

RELATIVE PHYSIOTHERAPY EXPERIENCE

- FA Accredited Doping Supervising Officer
- Completed two seasons with Queens Park Rangers FC Academy Physiotherapist – Saturdays/Sundays & one evening per week

PRE-PHYSIOTHERAPY EXPERIENCE

ROYAL AIR FORCE (RAF)

- Physical Training Instructor/Remedial Therapist 1984 - 1993

PROFESSIONAL MEMBERSHIPS

- Member of the 'Chartered Society of Physiotherapists' (MCSP) no. 056424
- State Registered Physiotherapist (SRP) no. PH50817
- Society of Orthopaedic Medicine (SOM) no. 0962140
- Acupuncture Association of Chartered Physiotherapists (AACP) no. 8243

COMPUTER SKILLS

- Highly skilled in use of Microsoft Office and Microsoft Windows
- Proficient with use of Entrude, Enform Database enquiry tools and Tandem computer command languages

SPORTING ACHIEVEMENTS

- County Football 1977 - 78
- England under 20 Volleyball Team 1979 - 80
- RAF Volleyball 1984 - 89; Captain 1986 –89, Coach 1988

- Combined Services Volleyball Team 1989
- RAF Support Command 110m Hurdle Champion 1989

References Available on Request